

# PAKISTAN CHILDREN'S HEART FOUNDATION DATA REVIEW

November 2020

CENTER  
FOR  
RESEARCH  
ISSUE 1

## IN-PATIENT CARE: THE TOTAL NUMBER OF SURGERIES AND INTERVENTIONS PER ANNUM IN THE LAST 5 YEARS

### Executive Summary

- PCHF gathers and analyses CHD data of its patients to effectively report on health outcomes following care.
- Awareness and advocacy at PCHF includes transparency and evidence-based reporting. Educating the population is an essential component of our CHD cause.
- The objectives are to improve the patient experience of care, improve the health of CHD populations in Pakistan and to reduce the per capita cost of healthcare.

### Key findings

- The highest number of treatments were performed in 2019.
- The number of treatments fell slightly from 2016-2017. This drop was less than 5%.
- There was 20% increase in 2018 followed by a 37.2% increase in 2019.
- There is a 65% decrease in treatments from 2019-2020. This can be related to the impact of COVID-19 and the treatment of only selective and emergency cases during the initial phase of the pandemic.

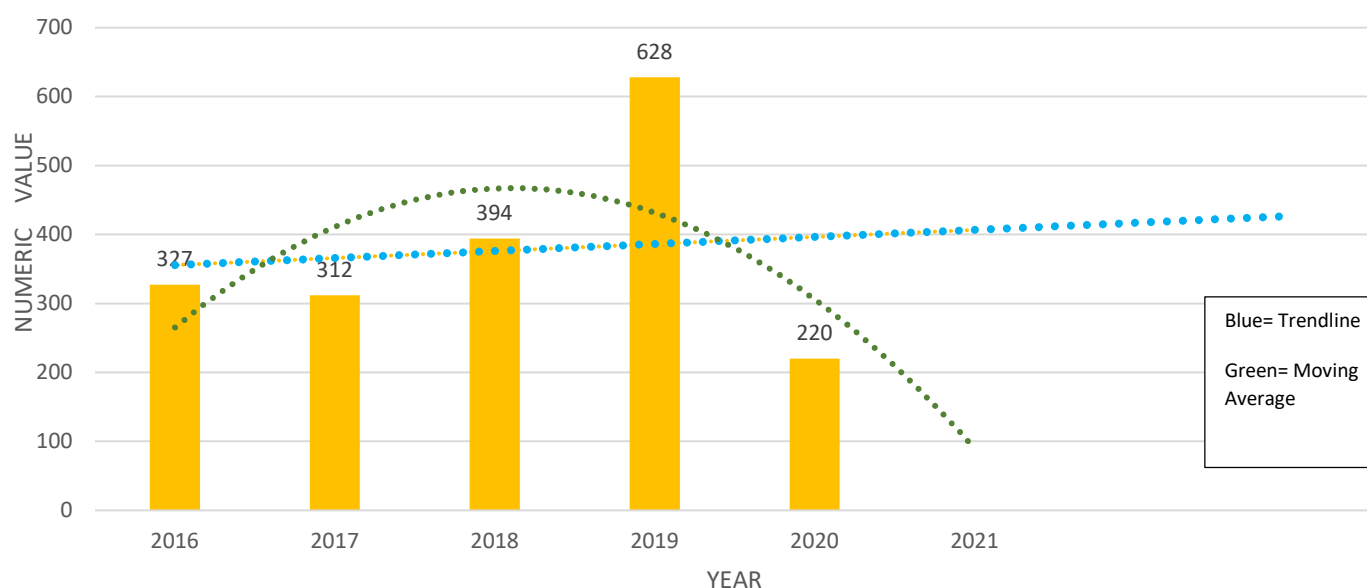
### Policy implications

- The focal point is to cover the 65% deficit.
- Increasing the number of interventions opposed to surgeries presents a possibility. As this will result in reduced recovery time and cost, patient turnover can be increased.

### Future trends

- According to the trend line, a continuous, linear increase by 12.5% each year is forecast.
- However, the total number of treatments in 2021 will help us predict the outcomes of COVID-19 and future trend lines.

Total Number of Surgeries and Interventions by Year



## References

1. Tinker, A. (2020, November 18). The Top 7 Healthcare Outcomes Measures. Retrieved November 24, 2020, from <https://www.healthcatalyst.com/insights/top-7-healthcare-outcome-measures>

This brief was produced by Dr Samaa Akhtar MD; MSc (London) Research Associate, Pakistan Children's Heart Foundation (PCHF). The advocacy project is led by Mr. Farhan Ahmad, CEO (Volunteer) PCHF.

Who can be contacted at [samaa.akhtar@pchf.org.pk](mailto:samaa.akhtar@pchf.org.pk), [farhan.ahmad@pchf.org.pk](mailto:farhan.ahmad@pchf.org.pk) and [info@pchf.org.pk](mailto:info@pchf.org.pk)

Please reference the paper as:

**Akhtar, S., Dr, & Ahmad, F. (2020). *In-Patient Care: The Total Number of Surgeries and Interventions Per Annum In The Last 5 Years* (Vol. 1, pp. 1-2, Rep.). Lahore, Punjab: Pakistan Children's Heart Foundation.**

## Acknowledgements:

This brief presents independent research by Pakistan Children's Heart Foundation.



RESEARCH CENTER | PAKISTAN CHILDREN'S HEART FOUNDATION | UNIVERSITY of LAHORE

54790 | [www.pchf.org.pk](http://www.pchf.org.pk) | +923111143278

Twitter: @CHDHospital | Facebook.com/Pakistan Children's Heart Foundation